

**GOVERNMENT ARTS COLLEGE (AUTONOMOUS),  
COIMBATORE – 641 018.**

**NSS UNIT –I**

**REGULAR ACTIVITIES - JUNE 2019 to MARCH 2020**

1. “THINAM ORU TIRUKKURAL” programme was organized by NSS UNIT – I Tirukkural Club students. Daily one Tirukkural was written in College notice board. Shift-I and Shift-II students, teaching and non- teaching staff were benefited by this programme.
  
2. Heartfulness Meditation Training programme was organised every wednesday afternoon 2pm to 3pm at Government Arts College, Coimbatore. The heartfulness awareness training was given to NSS students by Mrs. Eswari, Retaird Educational Officer, from Heartfulness Institute, SRCM, Coimbatore. She explained the importance of meditation in students life .
  
3. International yoga day celebration was organized by Brahma Kumarikal Kovai on 21.6.2019 at V.O.C Park, Coimbatore NSS students and Programme Officer participated in this event. The same day evening Heartfulness Institute organized International yoga day programme in hotel #6, Coimbatore, NSS students and programme officer participated.
  
4. A one day camp was organised in Government Arts College campus cleaning work on 5.7.2019. 100 NSS volunteers and Programme Officer actively participated in the campus cleaning programme and cleaned the college campus.

5. Coimbatore City Police Commissioner launched Drug Control special Team contact number programme on 8.7.2019 at Commissioner Office, Coimbatore. NSS PO participated in this event.
6. Helmet Awareness Rally was organized by “NIZHAL MAIYAM” on 21.7.2019 from Goundampalayam bus stop to Goundar Mills Bus stop. This programme was inaugurated by Mr. Mani, Inspector, Thudiyalur. NSS PO and 150 volunteers participated and created awareness on wearing helmet.
7. Dr. A.P.J. Abdulkalam Anniversary remembered on 27.7.2019 at Government Arts College, Coimbatore and NSS volunteers participated and planted tree saplings.
8. Leadership training programme was organized by Shanthi Ashram, on 27.7.2019 at Kovai pudur. 10 NSS Volunteers participated and benefited the programme.
9. NSS volunteers and Programme officers were involved in Independence Day celebration on August 15, 2019 and NSS volunteers participated in Independence Day parade in Government Arts College, Coimbatore.
10. One day camp was organised in Government Arts College campus on 20.09.2019 100 NSS volunteers and Programme officers participated in the campus cleaning programme.
11. NSS freshers day celebrated on 30.9.2019 at Government Arts College, Coimbatore, Inaugural Address delivered by Mr. A.P. Durai, I.P.S (Retired), Bangalore. 150 NSS volunteers participated.
12. Fit India Plog awareness programme was organized on 2.10.2020 in V.O.C Prak ground. 100 NSS volunteers participated in the programme.

13. Swachhata Hi Seva Awareness Rally Programme inaugurated on 2.10.2020 by Mr. Saravankumar, Corporation Commissioner, Coimbatore. The Rally begins from V.O.C park and ends in Corporation Office, R.S Puram.

14. Aishwariyam NGO organized World Aids Day Signature Campaign on 2.12.2019 at Government Hospital, Coimbatore. 100 NSS Volunteers participated and crated awareness.

15. Breast Cancer Aawrnness Notice issued to public people on 6.12.2019 at Government Hospital Bus Stand, Railway Station, Ukkadam Bus Stand, Gandhipuram Bus Stand and Town Hall Bus Stop. 100 NSS Volunteers participated.

16. Three days camp was organised in Government Arts College campus on 23.02.2020, 24.02.2020 and 25.02.2020. 100 NSS volunteers and Programme officers participated in the campus cleaning programme.

17. 8.3.2020 International Women's Day Rally organized by ITC from Nirmala College to Race Course Roundana and completed in Nirmala College. 100 NSS volunteers participated.

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**NSS UNIT –I**

**SPECIAL CAMP ACTIVITIES - 25.01.2020 to 31.01.2020**

NSS UNIT – I Government Arts College, Coimbatore was organized by the special camp from **25.01.2020 to 31.01.2020 at Kannampalayam Panchayat**. Every day morning Physical exercise and Meditation Training, Yoga and Karate training classes handled. During the seven days camp, various field resource persons were invited for developing leadership qualities, personality development, personal skill development and created social awareness.

Daily evening time a awareness rally conducted around the village such as drug abuse awareness, road safety awareness, helmet awareness, Plastic eradication awareness, health and hygiene food awareness rally conducted. This rally highly appreciated by village people.

NSS volunteers were involved various cleaning activities, such as village street cleaning, temples cleaning, parthiniyam bushes cleaning, Seema Karuvela maram cleaning, school ground cleaning, general medical camp, library cleaning, ration shop outside cleaning, Primary Health Centre cleaning and School compound wall painting etc..

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